

Supporting social care providers in Shropshire, Telford & Wrekin

Safeguarding Adults Forum

April 2019















Agenda

Introduction (Karen Littleford)

Financial abuse – Fraud Awareness

(Simon Peleszok, TSB Bank Manager)

Monitoring and Supporting Waking Night Staff

(Karen Littleford, Shropshire Partners in Care)

Update on the Liberty Protection Safeguards

(Marion Kelly, Shropshire Partners in Care)

Supporting Employees Who Are Experiencing Domestic Abuse

(Karen Littleford, Shropshire Partners in Care)

Shared Learning

(Kathy George, Named Nurse, Adult Safeguarding, Prevent Lead, Mental Capacity
Act Lead Telford and Wrekin CCG)

Forum Meeting Evaluation

The purpose of the Safeguarding Adults Forum is to promote awareness of good practice concerning safeguarding adults, including the application of the Mental Capacity Act, the Deprivation of Liberty Safeguards and the Prevent agenda (SA Forum ToR, 2018)

Forum Questions

Karen Littleford, Shropshire
Partners in Care
klittleford@spic.co.uk
01743 860011





Fraud Awareness



Simon Peleszok, Bank Manager & Community Ambassador





Fraud Awareness

https://www.youtube.com/watch?v=XWv-wXJGA20



At the moment, customers only receive a refund for fraud losses in certain circumstances. Our new Guarantee, from 14 April 2019, means we'll refund any loss that our customers suffer from their account, as a result of third-party fraud. For example, we previously wouldn't have refunded victims of safe account scams, unless they were vulnerable.

This is when a fraudster calls claiming to be from our fraud team and tells customers their account's been compromised. They're then asked to transfer their money to a new safe account — which is the fraudster's account. The customer then ignores our warnings on screen and completes the transfer.





What are the impacts on the victims of fraud?

Financial: cases are reviewed on an individual basis and not everyone will receive a refund.

Psychological: The psychological effects on people can be severe and debilitating. They include stress, anger, loss of self esteem, shame and upset. The personal impact on them and their families is often devastating.

Embarrassment: Research also shows that victims don't always report the crime. Some claim that it was not worth taking action. Others are too embarrassed to take action. Often a victim can't admit to themselves that they have been the victim of a scam.



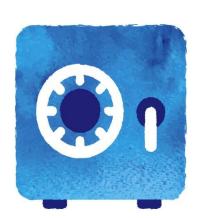
Who are behind these frauds?



Fraud is being driven by organised crime gangs who are ruthless and make millions of pounds. This funds the illegal drug trade, terrorism and human trafficking.

Sometimes fraud attempts can come from people we know and trust, or think we know. For example, someone claiming to be from the Police or a bank.





Banks and other financial institutions have very good systems in place to detect fraud. They invest millions of pounds in these.

In 2017 banks and card companies helped prevent £1.46 billion* of attempted fraud.

So how do they protect your accounts and money?

- Various fraud detection and profiling systems
- Secure online banking / identification of customers

This makes it very difficult for fraudsters to impersonate you or hack into the bank's systems to perform transactions.





So does this mean that fraud attempts and losses are on the decrease?

Why is this?

Fraudsters constantly adapt and will always look to identify areas they can exploit or target.

Did you know?*

No!

More than 1.9 million incidents of financial fraud occurred in 2017.

That's a fraud every 16 seconds.

£968 million was lost to financial fraud in 2017. In almost one in four of these cases, the transaction was authorised by the customer.

Social engineering





Social engineering





This fraud can be attempted in a variety of ways. However these are the main examples we see:

- Fraudsters posing as police officers or bank staff
 Brenda's story / George's story / Jack & Beanstalk / Devil
- Rogue traders
- Investment scams
 Derek's story / Richard's story / Cold call

- Fraudsters posing as representatives of service providers Emperor / Computer support scam
- Online scams
 Anita's story / Ali's story / Nikki's story / Data to go
- Lottery / HMRC / Insurance policy scams
- Romance scams

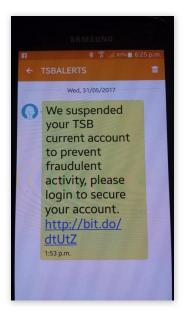
Money Mules





Fraudulent texts





Your bank would never send you a request asking you to login to your account via a link on a text message.

This text is impersonating HMRC. They would not send you a message asking you to click on a link to obtain your details. Or even offer a refund this way.



How to spot fraud

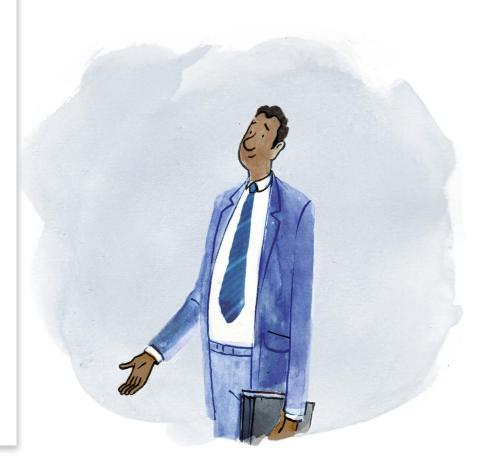




Any of these instructions is a fraudulent approach.

Your bank or the Police will never:

- Phone to ask for your 4-digit card PIN or online banking password
- Ask you to purchase goods using your card and then hand the goods over for safe-keeping
- Ask anyone to transfer money into a "safe" account
- Ask anyone to withdraw money to hand over for safe-keeping
- Send someone to your home to collect cash, PIN, card or cheque book



How to spot fraud – protect yourself



Unexpected phone call, email or text?

- Stop and think about what you are being asked to do
- If it sounds too good to be true – it probably is!
- Reject cold callers
- Never give full security information or bank account details to an unexpected caller / e-mail / text message
- Don't allow someone who calls you unexpectedly to access or install software on your computer
- Always call back the bank or institution on a number you know is right (not the number given by the caller). And use a different phone if you can.





How to spot fraud – protect yourself (cont'd)





- Always check your bank statements
- Be aware when replacement cards are due
- Sign up for text reminders on your account. For example they can alert you when your cheque book is to be replaced

- When you use your cards in cash machines and shops, be careful and protect your PIN – beware of 'Shoulder Surfers'
- Never ever disclose your One-Time Passwords or other passwords – even if a member of staff asks for them. Treat it like your PIN
- Seek impartial advice from a financial adviser before you make an investment
- As well as reviewing your own bank's Fraud Prevention site, there are two great industry sites (Take five - to stop fraud and FCA ScamSmart) also available.



How to spot fraud – protect yourself (Money Mules)





- No legitimate organisation will ever ask to use your bank account to transfer money. Don't accept any job offers that ask you to do this.
- Be especially wary of job offers from people or companies overseas as it will be harder for you to find out if they really are legitimate.

- Research any company that makes you a job offer. Check that their contact details are correct and that they are registered in the UK. An employer without a landline is another sign.
- Remember, that just because an organisation has advertised through a recruitment firm, it does not mean its legitimate.
- Be very cautious of an unsolicited offer to make easy money. Remember, if it seems to good too be true, then it's probably not true.
- Never give your financial details to someone you don't know or trust.
- Be wary of poorly written adverts containing bad English, spelling mistakes or grammatical errors.



How do bank staff protect customers TSB





- Banking protocol scheme
- Vulnerable customers flag and new support tool for partners
- Staff training and sharing of knowledge and fraud examples
- Talk to communities and do fraud talks
- Vulnerable customer training and new TSB vulnerable customers team
- Financial abuse training linked to the financial Abuse Code TSB signed up to in 2019



Tailored Support could be presented to a Customer – 1.6 million customer potentially

| FCA categories of vulnerability | Physical disability | Cognitive disorders | Physical health | Mental health | Life event | Financial resilience | Financial capability |
|-----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Examples | Temporary or permanent impact on a person's physical capacity and/or mobility (including hearing impairment/ visual impairment/ wheel chair use etc) | Dementia Developmental disorders Motor skill disorders Amnesia Substance-induced cognitive impairment | Critical illnesses/ diseases (Cancer/MS / Heart conditions Parkinson's etc) | Anxiety disorders Mood disorders Schizophrenia and psychotic disorders Dementia Eating disorders | Marriage, Divorce, Changing or losing a job Moving house Starting Uni Bereavement | Withstanding impact on income and/or assets | Skills and knowledge Attitudes towards money Motivation to take action Accessibility of financial services |
| Our interpretation of the customer need | Ease of Access | Support Interaction & Communication | Physical Wellbeing | Mental Wellbeing | Life Event/ Business Event | Managing Finances | Understanding Finances |

We want to consider the customer need, and how we can support that need, instead of focusing purely on the vulnerability

Take Five To Stop Fraud campaign



Take Five is an industry wide initiative which is supported by banks, the UK payments industry, law enforcement agencies and others.

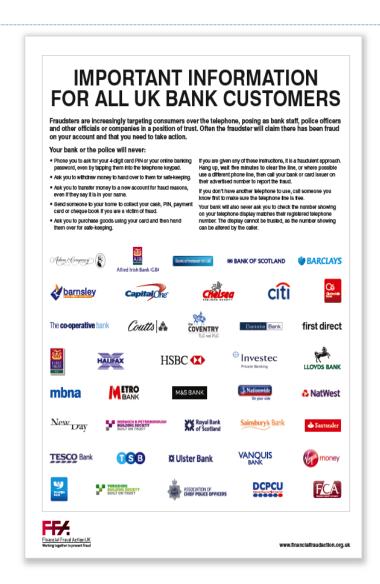


Anti-fraud declaration



Things to consider...

- Make sure you speak to your bank if you have any concerns
- Each bank will have their own policy over the refund of money if you have been a victim of fraud
- Be mindful that some banks may not offer a refund if you have received repeated warnings about the wisdom of the transaction you are undertaking.



Ten tips

to protect yourself from fraud.







Take your time

Always stop and think about what you are being asked to do. Take your time and don't let anyone rush you – genuine advisors will never

be pushy. We will always give you time to think.



Reality Check

Ask yourself 'would my bank or the police really ask me to do that?'

If in any doubt, call your bank on the number on your card and ask for the fraud team, they will be happy to help.



Keep your account to yourself

People who get access to your computer, laptop, tablet or phone could access your accounts. If someone contacts you out of the blue and asks to access your computer remotely, they could be a fraudster.



Scam accounts

Some fraudsters might scare you and tell you to send your money to a 'safe account' or a 'police account'. Your bank would never ask you to do this – these kinds of accounts are always scams.



If in doubt, call them back

Appearances can be deceptive.
If you have any concerns, put the phone down and call the organisation back on the number listed on their website or, if it's your bank, use the number on the back of your card.





If it sounds too good to be true...

...it probably is. Incredible returns, guaranteed riches, low risks, something for nothing? Fraudsters like to tempt you. If it seems like easy money, be sure to check the fine print.





Ask an expert

Make sure you seek independent or impartial advice before making any kind of investment. Your bank will always be happy to help you spot a potential scam – so just ask.





or family first

Telling someone else about any plans or proposals will help you think things through. Those closest to you have your best interests at heart. If they have concerns, you may want to reconsider.





If in doubt

Whatever your concerns, however small, simply call the number on the back of your bank card and ask to speak to the fraud team. They will be able to help you and give you advice.





Stay safe online

When paying online, look for the padlock security symbol in the address bar. This means the site is secure and your payment is protected. If you use sites like eBay, never make payments outside of their process.

Summary



Please share these messages with as many people as you can.

to protect yourself from fraud.

Hot off the press!

If you have any questions, call your bank, they will be more than happy to help.



Take a copy of our new pocket-size Ten tips leaflet on how to protect yourself from fraud.

Thank you to the following for use of their videos:

- FFA UK / UK Finance
- FCA
- Out of your hands
- Get safe online
- Action Fraud
- Cifas

Monitoring and Supporting Waking Night Staff



Karen Littleford

Safeguarding Adults Lead, Shropshire Partners in Care



Which Services Manage Waking Night Staff?

Whether you are managing care homes, nursing homes or domiciliary services you may be managing staff working over night.

This is a new area for some domiciliary services.





Research

"Although night-time care forms a significant part of care home provision, <u>little research</u> has focused on this. <u>Night staff are a vulnerable group</u>, receiving less training, supervision and support than day staff, but with high levels of responsibility" (Kerr et al, 2008)

Culture and Experiences

"Night time in care homes is a time of withdrawal from the outside – unlike the day time when the outside world comes in. Night staff are less well-trained and less managed and supervised. They can feel isolated and experience high levels of anxiety - such as what would happen if there was a fire or if someone needed medical attention"

(Kerr et al, 2008)

Night Time Care Issues

- Risk
- Checking
- Dementia care
- Pain management
- Nutrition and hydration
- Continence
- End of life care
- Medication
- Staff handovers
- Environmental and noise levels

(Care Quality Commission, 2009)





The role of regulatory bodies in night-time care inspection

The role of managers in supervising and monitoring night-time care

Causes of distress and sleep disturbance amongst residents



The need to reduce the number of checks that occurs throughout the night

Considerations....



Guidance on appropriate noise and light levels

Strategies for developing more person-centred care at night

(Kerr et al, 2008)

The Hazards of Waking Nights....

Restlessness

Sleepiness on the job



Decreased attention

Disruption of the body's metabolic process

Those effects extend beyond the workers themselves to the adults your organisation supports and your reputation!

Shropshire Partners in Care

(Price, 2012)

The Hazards of Waking Nights....



Research Findings

The role of regulatory bodies in night-time care inspection; not routinely inspected, inspected when complaints or concerns raised

The role of managers in supervising and monitoring night-time care; managers were insufficiently involved in night time supervision and practice

The training of night staff in areas such as dementia awareness and the management of continence; night staff received less training than day staff and less focused on night care issues

(Kerr et al, 2008)

Research Findings

"Management had little involvement with night staff. This resulted in night staff self-managing, and often implementing inappropriate practices".

"Increased involvement of the managers during the action research stage reduced staff **feelings of isolation** and of being **undervalued**. Night-time key worker systems enabled staff to: become more individually responsible for residents; to carry out night-time risk assessments; and to develop a more individualised approach to care, including the frequency of checking".

"Staffing levels and the use of agency and bank staff - **low staffing ratios at night** resulted in a frequent, and in some cases **routine**, **use of agency and bank staff**. While this was necessary to meet staffing levels required for care needs, it proved to be **a burden for the regular night staff**, who had to instruct and supervise agency staff in addition to their own duties. The use of a regular bank of staff could avoid this, but it was difficult to achieve...."

Considerations for Management

- ✓ Does the registered manager or competent individual with designated responsibility regularly spend some time in the home after 11.00pm to observe care practice?
- ✓ Is supervision of night staff undertaken by the registered manager or clearly delegated individuals who have a management role?
- ✓ Does the registered manager have a clear strategy for checking recommended night staff practices are in place?
- ✓ Do policies and procedures specifically identify and address night time care issues



Recommendations for Management

- ✓ Implement regular communication and support strategies between manager and night-time care staff.
- ✓ Ensure that environmental concerns within the care home setting are addressed and where appropriate relevant technology is used – for example, guidance around noise, light, safety and silent call systems.
- ✓ Put systems in place so that night staff have all the equipment, technology and facilities required to provide good night-time care.
- ✓ Monitor staff training requirements, and ensure appropriate times and conditions for such training is provided.
- ✓ Keep the use of agency and bank staff to a minimum; where possible, staff with
 a familiarity of the care setting should be used



What Do You Do to...

- ✓ Monitor waking night staff?
- ✓ Ensure waking night staff feel valued as part of the team?
- ✓ Enable staff to access supervision?
- ✓ Ensure night staff can access training (not after doing a waking night....)?
- ✓ Enable waking night staff to access team meetings?

Tips for Success from SPiC Members

Clear policy on breaks and appropriate space to have breaks

Managers being visible on nights, they should do night shifts too

Supervision,
appraisal and
coaching on nights is
just as needed

A clear crisis/protocol to follow

Easy access to food and drink

A clear lone working policy

Keep staff busy - time bound tasks so that the night has structure and objectives (whilst making sure staff can and do interact with adults using the service)

Strong leadership on nights

Tips for Success from SPiC Members

Giving waking night staff time off to attend training

Annual development reviews (previously called appraisal)

Support and development plan meetings (monthly)(previously called supervision)

Regular supervisions

Manager going in

early or late to

support/supervise

Unannounced spot checks

Managers going in early or staying late

Monitoring of work through records kept and tasks completed

Waking Night Staff - References

Care Quality Commission (2009) *Night time care prompts*. London: CQC.

http://webarchive.nationalarchives.gov.uk/20100303171149/http://www.cqc.org.uk/guidanceforprofessionals/socialcare/careproviders/guidance.cfm?widCall1=customWidgets.content_view_1&cit_id=34772

Kerr, D., Wilkinson, H. and Cunningham, C. (2008) *Supporting older people in care homes at night*. York: Joseph Rowntree Foundation. https://www.jrf.org.uk/report/supporting-older-people-care-homes-night

Price, M (2012) *The risks of night work*. Monitor on Psychology, Vol 42, No. 1. http://www.apa.org/monitor/2011/01/night-work.aspx





Supporting social care providers in Shropshire, Telford & Wrekin

Liberty Protection Safeguards





What just happened?

 The bill has passed through commons and the lords have also approved it.





"Much criticised legislation was substantially amended during parliamentary passage, but concerns remain over level of safeguards for detained people as it passes into law". *

- The Bill awaits Royal Assent
 - There is no set time period between the conclusion of consideration of amendments/ping pong and royal assent

^{*} DoLS replacement bill approved by Parliament with Liberty Protection Safeguards due to come into force in 2020by <u>Luke Haynes</u> on April 26, 2019 in <u>Adults</u> -



Code of Practice:

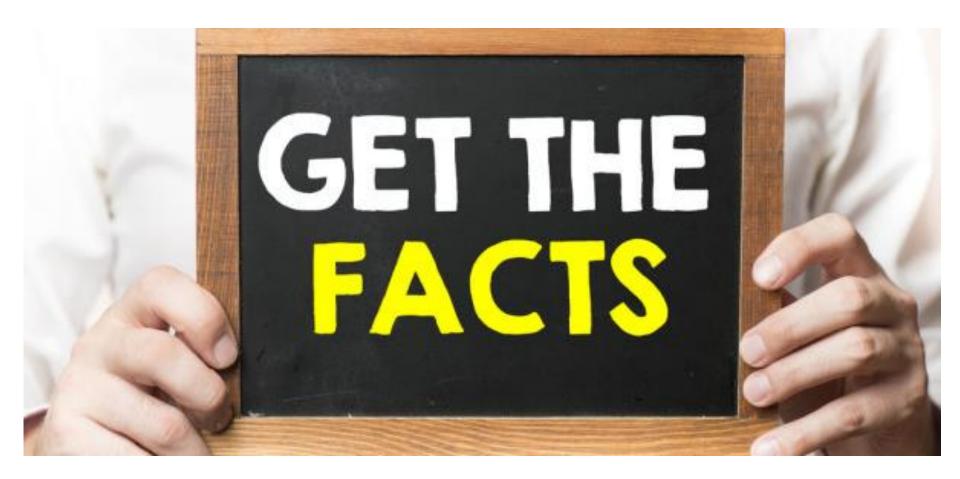
Consultation process will take place when the draft is available

Training:

Training will be offered for members once the consultation etc. takes place



The latest Liberty Protection Safeguards Factsheets are here



Supporting Employees Who Are Experiencing Domestic Abuse

Karen Littleford, Shropshire Partners in Care

Why Do Employers Need to be Concerned about Domestic Abuse and Employees?

This is 'safeguarding' in its wider context, by supporting our employees we comply with health and safety requirements and give a clear message that we have a zero tolerance of domestic abuse, whoever is experiencing it.



The workplace can be a lifeline for survivors of domestic abuse as it offers an opportunity to seek help



Why Should Employers Be Concerned?

A duty of care

All employers have a duty of care and health and safety laws ensure workers have the right to work in a safe environment where risks to health and well-being are considered and dealt with efficiently.

There are four main areas of health and safety law relevant to violence at work:

Health and Safety at Work Act 1974

Reporting of
Injuries, Diseases
and Dangerous
Occurrences
Regulations 1995

Health and Safety (Consultation with Employees)
Regulations 1996

Management of
Health and Safety at
Work Regulations
1992

An effective workplace policy on domestic abuse can ensure that employers are complying with these laws.

Chartered Institute of Personnel and Development and Equality and Human Rights Commission (2013)

Domestic Abuse a Workplace Issue

Raft of evidence documenting negative impacts of domestic violence & abuse can have in the workplace.

At its most extreme, there are examples of women being killed in or around their workplace by their partners or ex-partners.

Work-related stalking is also common, and can be a popular place to target victims because their work location often remains unchanged even if their home address changes

(Chapier 1998)

(Chenier, 1998).

Jane Clough, Clare Bernal & Asher Maslin

Crime

In Crime

News » UK News »

Mexican mugshots

Hatton Garden heist

Man who murdered ex-girlfriend while on bail for her rape is jailed

An ambulance technician and bouncer, Jonathan Vass, who murdered his exgirlfriend in Blackpool while on bail for her rape has been jailed for a minimum of 30 years.



Jonathan Vass and Jane Clough Photo: PA

11:30AM BST 14 Oct 2010

Vass, 30, launched a frenzied knife attack on nurse and mother-of-one Jane Clough, 26, as she arrived for work at Blackpool Victoria Hospital in July.

The Telegraph (2010)

Stalker so obsessed with woman, 22, he shot her dead in Harvey Nichols after 3 dates

Michael Pech shot beauty consultant Clare Bernal in the back of the head then three times in the face before turning the pistol on himself



Bazaraa, D. (2019)

Ex-boyfriend murdered hairdresser stabbing her 14 times at salon in front of horrified colleagues after they split up

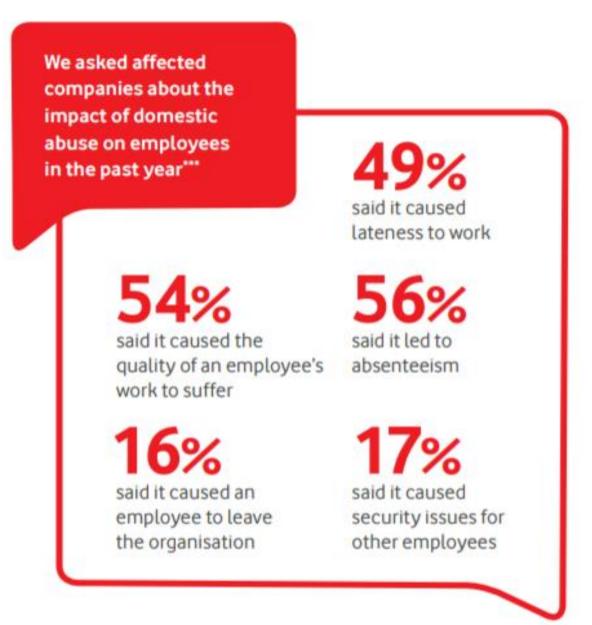
- Asher Maslin has admitted murdering Hollie Gazzard while she was working
- · 22-year-old bought a knife after the pair had split then stabbed her 14 times
- · Attack happened in front of horrified her colleagues at salon in Gloucester
- · Maslin has been told he will face life sentence after pleading guilty to murder

By JULIAN ROBINSON

PUBLISHED: 15:58, 6 June 2014 | **UPDATED:** 15:17, 20 November 2015

The Business Case

HR leads in medium and large UK organisations that have had disclosures or who believe employees are affected by domestic abuse felt that domestic abuse had impacted upon their organisation in a variety of ways over the last 12 months



Durham University Centre for Research into Violence and Abuse (CRiVA) and Ipsos MORI (2017)

The Business Case

Despite this awareness, only 5% of organisations have a specific policy or guideline







1 in just over 7 men has experienced domestic abuse, as a victim, within their adult lifetime*



For all medium and large organisations, there was an average of only

0.5
disclosures per organisation in the last 12 months**

Home Office figures show that **75% of**people who endure DV will be targeted
in the workplace, around 58% of
abused women will miss at least three
days of work a month, and 2% will lose
their jobs as a direct result. But
regrettably less than 30% of employers know
how to respond.

(HR Magazine, 2017)

At the organisational level - Costs:

Financial:

In England and Wales, £1.9 billion in economic output is lost annually through domestic abuse (Walby, 2009).

Emotional

Safety of the person and other staff

Negative publicity if a serious incident occurs within the workplace (Duda, 1997)

Employees experiencing domestic abuse are more likely to be:

- absent from work
- have reduced job performance and productivity

Durham University Centre for Research into Violence and Abuse (CRiVA) and Ipsos MORI (2017)

National Recommendations

Recommendations



Durham University Centre for Research into Violence and Abuse (CRiVA) and Ipsos MORI (2017)

Resources





Toolkits and Support





Updated June 2021

https://www.hestia.org/everyonesbusiness

https://www.bitc.org.uk/wpcontent/uploads/2021/07/bitcwellbeing-toolkitdomesticabuseforemployersjune2021.pdf Employer Initiative on Domestic Abuse A network of more than 200 companies and public-sector organisations who have come together, to exchange information about best practice, and to encourage, promote and develop action to help staff who are enduring domestic abuse, or who are perpetrators. https://eida.org.uk/membership/

What Could Your Organisation Do?

- Develop a Domestic abuse stalking and harassment policy
- ✓ Introduce some training
- ✓ Have publicity materials in appropriate areas of the workplace or on apps
- ✓ Make use of Toolkits and Guides
- ✓ Identify domestic abuse champions
- ✓ Ensure health and safety requirements are met, including specific arrangements for individuals

Training is Available

Domestic abuse training for employers - SafeLives http://safelives.org.uk/knowledge-hub/resources-employers/training

Domestic abuse in the workplace Women's Aid https://www.womensaid.org.uk/what-we-do/training/bespoke-training/domestic-abuse-in-the-workplace/





Keele University Students' Union

Supporting Domestic Abuse Victims at Work August 2015



This initiative is supported by the Staffordshire Office of the Police and Crime Commission

Check out policies from other agencies

https://keelesu.com/pageassets/staffpages/staffhandbook/domesticabuse/Domestic-Abuse-Policy-Final-August-2015.pdf

South Ayrshire Council First European Council to Introduce Safe Leave Policy

Our people are undoubtedly our best assets and I'm proud that we're introducing positive and progressive policies that provide increased support to employees at a time when they need it most



Peter Henderson, South Ayrshire Council

Mr Henderson said: "Across South Ayrshire, we're committed to supporting the most vulnerable people in our communities and working with our partners to raise awareness of domestic abuse and violence.

"As part of these efforts, we're also leading the way in doing what we can to support our employees who experience such trauma.

"Giving abused employees access to up to 10 days safe leave, where they can take the time off they need to access help and support without the worry of it affecting their finances or using up their annual leave, will make a real and lasting difference that could help change lives forever.

"And just by making that support available, it could help give employees the confidence to ask for help and take the first steps towards a safer life for them and their families.

References:

Bazaraa, D. (2019) *Stalker so obsessed with woman, 22, he shot her dead in Harvey Nichols after 3 dates.* Mirror Online. 18th February 2019. https://www.mirror.co.uk/news/uk-news/family-woman-22-shot-dead-14017132

Belfast Telegraph Digital (2019) *Council to give domestic abuse victims 10 days 'safe leave'*. 13th February 2019. https://www.belfasttelegraph.co.uk/news/uk/council-to-give-domestic-abuse-victims-10-days-safe-leave-37812170.html

Chartered Institute of Personnel and Development and Equality and Human Rights Commission (2013) MANAGING AND SUPPORTING EMPLOYEES EXPERIENCING DOMESTIC ABUSE. https://www.equalityhumanrights.com/sites/default/files/domesticabuseguide.pdf

Chenier, E. (1998) The Workplace: A Battleground for Violence. Public Personnel Management, 27(4), pp. 557–568.

Department of Health and Safe Lives (2018) Responding to colleagues experiencing domestic abuse: Practical guidance for line managers, Human Resources and Employee Assistance Programmes. London: DoH and SafeLives http://www.safelives.org.uk/node/573

Duda, R. (1997) Workplace Domestic Violence Intervention Through Program and Policy Development. American Association of Occupational Health Nurses Journal, 45(12), pp. 619–624.

Durham University Centre for Research into Violence and Abuse (CRiVA) and Ipsos MORI (2017) *Domestic Violence and Abuse: Working together to transform responses in the workplace*. Newbury: Vodafone Foundation. https://www.vodafone.com/content/dam/vodafone-images/foundation/55376 Vodafone domestic violence report AW5 V2.pdf

Jordon, H. (2017) *Domestic violence and the workplace*. HR Magazine, OCTOBER 11, 2017. https://www.hrmagazine.co.uk/article-details/domestic-violence-and-the-workplace

Robinson, J. (2014) Ex-boyfriend murdered hairdresser stabbing her 14 times at salon in front of horrified colleagues after they split up. Mail on line https://www.dailymail.co.uk/news/article-2650773/Ex-boyfriend-murdered-hairdresser-stabbing-14-times-salon-horrified-colleagues-split-up.html

The Telegraph (2010) *Man who murdered ex-girlfriend while on bail for her rape is jailed*. 14 Oct 2010. https://www.telegraph.co.uk/news/uknews/crime/8064101/Man-who-murdered-ex-girlfriend-while-on-bail-for-her-rape-is-jailed.html

Walby, S. (2009) The cost of domestic violence: update 2009. Lancaster: Lancaster University.

Shared Learning

Kathy George
Named Nurse, Adult Safeguarding, Prevent Lead, Mental Capacity Act Lead
Telford and Wrekin CCG



Choking Incidents & Diabetes Management

Choking Incidents

- For new residents on Admission
- Have they been admitted with a FAF is it up to date? is it accurate?
- Do you seek confirmation?
- Do you request any additional information on choking risk, dietary requirements?
- If private placement do you fully explore any recent incidents or changes from friends/family/carers

What steps do you take to assess risk of choking?

- Visual observation
- Do you encourage meals to be taken in the dining area?
- What level of supervision can you offer?
- Do you have individualised risk assessments re choking in place?
- Do you assess capacity and best interest decisions?
- Balancing personal choice against risk
- Care planning
- Review
- Recording
- Referral

Assessing choking risk

When? – the person is new to a service or due for review **or** has never had a choking risk assessment or there is a choking incident or observation of individual is made where risk factors identified or an alert is heard or read from a third party e.g. a family member reports that an individual choked at the weekend or is showing any of the risk factors

Sample Risk Assessments and information*

- https://www.spic.co.uk/downloads/doc_download/1333-updated-choking-riskassessment
- https://cornfordhouse.co.uk/documents/Public%20Documents/1.1%20Care%20Planning%20&%20Daily%20Reporting/Choking%20Risk%20Assessment.pdf
- https://www.cannockchaseccg.nhs.uk/news-events/documents/80-aspiration-risk-assessment-guide-for-nursing-residential-homes/file
- * Note these are not endorsements

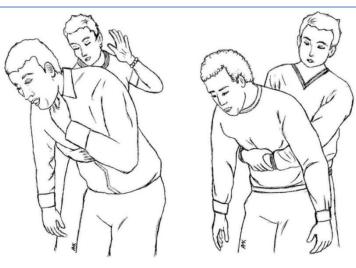
Consider

- Policy and Protocols
- Risk Assessment Tools consider introducing
- First Aid Training
- Aids

Aids and First Aid Training



1) Encourage the adult to cough - Instruct victim to cough



(Resuscitation Council, 2019)
https://www.resus.org.uk/resuscitation-guidelines/adult-basic-life-support-and-automated-external-defibrillation/#foreign

2) If cough becomes ineffective give up to 5 back blows

Stand to the side and slightly behind the victim

Support the chest with one hand and lean the victim well forwards so that when the obstructing object is dislodged it comes out of the mouth rather than goes further down the airway

Give five sharp blows between the shoulder blades with the heel of your other hand

3) If back blows are ineffective give up to 5 abdominal thrusts

Stand behind the victim and put both arms round the upper part of the abdomen

Lean the victim forwards

Clench your fist and place it between the umbilicus (navel) and the ribcage

Grasp this hand with your other hand and pull sharply inwards and upwards

Repeat up to five times

If the obstruction is still not relieved, continue alternating five back blows with five abdominal thrusts

4) Start CPR if the victim becomes unresponsive - Support the victim carefully to the ground, Immediately activate the ambulance service, Begin CPR with chest compressions

Diabetes management



- Do you have an individualised protocol for blood glucose monitoring
- How and where do you record?
- Handover
- Individualised care planning
- Identified protocols for seeking medical review?

Scenario

- New resident diagnosis of dementia
- FFAF (fact finding assessment form) does not identify any issues with swallowing or dietary requirements.
- Type 2 diabetic commenced on once daily insulin in hospital – discharge letter identifies poor diabetic control requires monitoring.
- In this instance there were no issues with swallowing/choking identified following admission.
- Total care period (admission) 4 days

- Random BG taken on admission pm (7.8mmol)
- Monitoring form had tds times circled
- Day 1 No morning recording documented
- Day 2 morning 11.4mmol
- Day 3 morning 'Hi'. No further checks or monitoring documented
- Day 4 morning 26.7mmol.
- Over days 3 & 4— a number of falls were recorded. Notes also identified increased confusion. Falls were reviewed but no link to raised BG's and increased confusion identified.
- During the morning of Day 4 resident found collapsed having apparently choked on breakfast
- Day 4 Resident deceased.

- care plan in place identifying care needs in respect of diabetes management
- BG monitoring regime/protocol identified
- consideration for OOH support/GP review